

Readers' Picks: Health & Beauty

Barbershop

Sebastian's Barber Shop
Tarrytown
www.sebastiansbarbershop.com

Colorist

Lauren Maglio at Josef Mikel Salon
Pleasantville
www.josefmikelsalon.com

Cosmetic Surgery

Dr. Joshua Greenwald
Harrison; www.drgreenwald.com

Day Spa

Angelface Day Spa
Yorktown; www.angelfacespa.com

Eyebrow Threading

Michele Lisa Salon
Cortlandt Manor
www.michelelisasalon.com

Facial

Suzanna's Spa Suite
Mount Kisco
www.suzannaspasuite.com

Fitness Classes

Fit House New York
Ardsley; www.fithouseny.com

Hairstylist

Gianna Marie Tummoio at GlamBar
Yonkers; www.glambarlounge.com

Health Club

Club Fit
Briarcliff Manor/Jefferson Valley
www.clubfit.com

Independent Pharmacy

Rye Beach Pharmacy
Rye; www.ryeex.com

Laser Hair Removal

Euro Laser Spa Services, Inc.
Rye
www.eurolaserservices.com

Makeup Artist

Josephine Montemarano at The Beauty Parlor
Dobbs Ferry
www.thebeautyparlorny.com

Mani/Pedi

Brushed Up Nail Art Studio
White Plains
www.brushedupnails.com

Massage

Tranquillity Spa
Scarsdale; www.tranquillityspa.com

Mind/Body Programs

Yoga Haven
Tuckahoe; www.yogahaven.com

Personal Trainer

Chris Guerrero at CrossFit Westchester
White Plains
www.crossfitwestchester.com

Pilates Studio

Flora Pilates
Hamamoneck
www.florapilatesonline.com

Pressed Juices

Pure Food & Drink
Tuckahoe
www.purefoodanddrink.com



Salon

VaZa Salon
Orsining; www.vazasalon.com

Spin Class

I Train Cycling Studio
Larchmont; www.itrainfit.com

Workout

Fit House New York
Ardsley; www.fithouseny.com

Yoga Studio

Tovami Yoga
Hamamoneck; www.tovamiyoga.com

Yoga Teacher

Dee Yergo at Prana Yoga & Meditation
Harrison
www.pranayogaandmeditation.com