What’s New

“In my 40 years of practicing radiology, 3D tomosynthesis mammography is the most significant breakthrough in breast-cancer screening, and I recommend it for all women in the age group for screening. This technology has been shown to find more breast cancers than traditional mammography while reducing false positives.”
—Diane LoRusso, MD, diagnostic radiology (p. 68)

“Cancer therapy is changing extremely rapidly. Drugs are being developed every month targeting specific changes in tumors, with much less toxicity.”
—Elisabeth Phillips, MD, medical oncology (p. 70)

“The good news about cardiovascular disease is that we have increasingly effective treatments, and many cardiovascular problems—diseases of the arteries and valves—are now very treatable, if not preventable.”
—Richard H. Kay, MD, cardiovascular disease (p. 67)

“Over the last decade, there has been an explosion of options for treating psychiatric symptoms and illnesses, including multiple types of psychotherapy and medications with increased effectiveness and less side effect.”
—Rebecca Dull, MD, psychiatry (p. 110)

Did You Know...?

“A persistent cough can be the only sign of asthma.”
—Kira Geraci-Ciardiello, MD, allergy & immunology (p. 67)

“Many people fear that wearing corrective lenses will weaken the eyes and increase their dependence on glasses. This is generally not true. [Also] while cataract surgery can be performed on even the most minimal cataracts, prudence demands that we wait until the benefits of surgery outweigh the risks.”
—James R. Gordon, MD, ophthalmology

Plastic Surgery

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Breast Augmentation, Rhinoplasty, Liposuction & Body Contouring
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